

## Heyer Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Now Hiring!!**

Food Service is Hiring!

**Work While Kids are in School-**

**No night's, weekends  
or holiday's**

**Great Benefits**

**Apply with the QR Code!**



French Toast Sticks w/ Sausage

BBQ Pork Riblet Sandwich

Ham & Cheese Sandwich

Celery Sticks, Veg Juice, Orange, Cinnamon Apples



Cheese Pizza  
Pepperoni Pizza

Ham & Cheese Sandwich

Mixed Veg, Baby Carrot  
Apple, Pineapple Tidbits

**Special Treat!**

5  
Corn Dog  
Beef Nachos  
Turkey and Cheese Sub

French Fries, Celery,  
Orange, Fruit Mix



6  
Chicken Tenders  
w/ Roll  
**Walking Taco's**  
Baja Veggie Salad w/ Roll

Diced Pears, Banana,  
Refried Beans, Street Corn

7  
Pop Chicken Potato  
Bowl w/ Roll  
Cheese Pizzadilla  
Pretzel, Yogurt & Cheese

Diced Peaches, Apple,  
Mashed Potatoes w. Gravy,  
Red Peppers

8  
Chicken Nuggets  
w/ Roll  
Pizza Dippers  
MYO Pepperoni Pizza Bagel

Applesauce, Spinach  
Fresh Pear, Cucumber Slices

9  
Cheese Pizza  
Pepperoni Pizza  
Ham & Cheese Sandwich

Mixed Veg, Baby Carrot  
Apple, Mandarin Oranges

12  
Cheese Quesadilla  
Soft Beef Tacos  
String Cheese, Yogurt &  
Goldfish

Black Beans, Tossed Salad,  
Orange, Mixed Fruit

13  
Corn Dog  
Cheeseburger  
Pretzel Yogurt & Cheese  
Pack

Tater Tots, Cucumber  
Banana, Diced Pears

14  
Pancake Bites  
w/ Cheesy Eggs  
Crispy Chicken Sandwich  
Turkey & Cheese  
Sandwich

Cinni Peaches, Apple  
Slices, Baby Carrots, Celery

15  
Chicken Tenders w/ Roll  
Hot Dog  
MYO Pepperoni Pizza  
Bagel

Sweet Corn, Edamame,  
Fresh Pear, Applesauce

16  
Cheese Pizza  
Pepperoni Pizza  
Three Cheese Sub

Spinach, Red Pepper  
Apple, Mandarin Oranges

19  
Meatball Sub  
Grilled Cheese  
MTO Flatbread Pizza

Fresh Broccoli, Baby  
Carrots, Fruit Mix, Oranges

20  
Pizzadilla  
Chicken Patty Sandwich  
Popcorn Chicken Salad w.  
Roll

French Fries, Peas,  
Craisins, Diced Pears

21  
Chicken Nuggets w. Roll  
Spaghetti w. Meatballs  
Pretzel Yogurt Cheese  
Pack

Baked Beans, Celery,  
Fresh Pear, Banana

22  
Mini Corn Dogs w. Roll  
Waffles w. Sausage  
Ham & Cheese Sandwich

Red Pepper Strips, Veggie  
Juice, Mandarin Oranges,  
Apple Slices

23  
Cheese Pizza  
Pepperoni Pizza  
Turkey & Cheese  
Sandwich

Pineapple Tidbits, Apple  
Tossed Salad, Cucumber

26  
**No School**

27  
Walking Tacos  
Grilled Cheese  
Ham Chef Salad w/ Roll

Banana, Diced Pears,  
Fresh Broccoli, Baby Carrot



28  
Cheeseburger  
Cheese Quesadilla  
Ham & Cheese Sandwich

Kickin' Pinto Beans,  
Zucchini, Diced Pears,  
Apple Slices

29  
Pizza Dippers w. Sauce  
Orange Popcorn Chicken  
w. Rice  
MYO Pepperoni Pizza  
Bagel

Applesauce, Fresh Pear,  
Celery Sticks, Mix Veg

30  
Cheese Pizza  
Pepperoni Pizza  
Turkey & Cheese  
Sandwich

Mandarin Oranges, Apple  
Tossed Salad, Cucumber