



1
Apple Cinnamon Muffin & Yogurt
Or Egg & Sausage Breakfast Burger w/
BBQ Salsa Or Egg, Cheese & Sausage
Bagel Sandwich Or Cheerios,
Cinnamon Toast Crunch, Froot Loops,
& String Cheese, or Crackers
Side Items
Pears, Applesauce, 100% Orange Juice

2
Glazed Donut
Or Cheesy Sausage & Egg Breakfast
Burrito Or Egg, Cheese, Sausage
Bagel Sandwich Or Mini Wheats,
Cinnamon Toast Crunch, Cocoa
Puffs & String Cheese, or Crackers
Side Items
Banana, Raisins, 100% Dragon Fruit
Juice

3
Chocolate Chip Breakfast Round
Or Ham, Egg & Cheese Biscuit Or
Egg, Cheese, Sausage Bagel
Sandwich Or Cheerios, Trix or
Cocoa Puffs & String Cheese or
Crackers
Side Items
Strawberries, Peaches, 100%
Apple Juice

6
French Toast Sticks
Or Cheesy Egg Breakfast Burger
Or Egg, Cheese & Sausage Bagel
Sandwich
Or Cheerios, Trix, Lucky Charms &
String Cheese or Crackers
Side Items
Apple, Blueberries, 100% Grape
Juice

7
Turkey Pancake Wrap
Or Cheese & Sausage Breakfast
Roll Or Egg, Cheese & Sausage
Bagel Sandwich
Or Mini Wheats, Froot Loops,
Lucky Charms & String Cheese or
Crackers
Side Items
Orange, Fruit Mix, 100% Fruit
Juice

8
Egg, Ham & Cheddar Flatbread
Sandwich Or Cheesy Ham & Egg
Pancake Panini Or Egg, Cheese &
Sausage Bagel Sandwich Or Cheerios,
Cinnamon Toast Crunch, Froot Loops,
& String Cheese, or Crackers
Side Items
Pears, Applesauce, 100% Orange
Juice

9
Glazed Donut
Or Cheesy Egg Biscuit Or Egg,
Cheese, Sausage Bagel Sandwich
Or Mini Wheats, Cinnamon Toast
Crunch, Cocoa Puffs & String
Cheese, or Crackers
Side Items
Banana, Raisins, 100% Dragon
Fruit Juice

10
Sausage Breakfast Pizza
Or Sausage & Egg English Muffin
Melt Or Egg, Cheese, Sausage
Bagel Sandwich Or Cheerios, Trix
or Cocoa Puffs & String Cheese or
Crackers
Side Items
Strawberries, Peaches, 100%
Apple Juice

13
Waffles & Syrup
Or Cheesy Sausage & Egg Breakfast
Burrito Or Egg, Cheese & Sausage
Bagel Sandwich
Or Cheerios, Trix, Lucky Charms &
String Cheese or Crackers
Side Items
Apple, Blueberries, 100% Grape
Juice

14
Glazed Cinnamon Roll
Or Egg & Cheese Donut Breakfast
Melt Or Egg, Cheese & Sausage
Bagel Sandwich Or Mini Wheats,
Froot Loops, Lucky Charms &
String Cheese or Crackers
Side Items
Orange, Fruit Mix, 100% Fruit
Juice

15
Apple Bosco Stick
Or Egg, Bacon & Cheddar Flatbread
Sandwich Or Egg, Cheese & Sausage
Bagel Sandwich Or Cheerios,
Cinnamon Toast Crunch, Froot Loops,
& String Cheese, or Crackers
Side Items
Pears, Applesauce, 100% Orange
Juice

16
Glazed Donut
Country Chicken & Cheese Biscuit
Or Egg, Cheese, Sausage Bagel
Sandwich Or Mini Wheats,
Cinnamon Toast Crunch, Cocoa
Puffs & String Cheese, or Crackers
Side Items
Banana, Raisins, 100% Dragon
Fruit Juice

17
Chocolate Muffin & Yogurt
Or Ham, Egg & Cheese Biscuit
Sandwich Or Egg, Cheese,
Sausage Bagel Sandwich Or
Cheerios, Trix or Cocoa Puffs &
String Cheese or Crackers
Side Items
Strawberries, Peaches, 100%
Apple Juice

20
Apple Frudel
Or Sausage & Egg Biscuit
Sandwich Or Egg, Cheese &
Sausage Bagel Sandwich Or
Cheerios, Trix, Lucky Charms &
String Cheese or Crackers
Side Items
Apple, Blueberries, 100% Grape
Juice

21
Pancake Wrap
Or Bacon, Egg & Cheese Donut
Breakfast Melt Or Egg, Cheese &
Sausage Bagel Sandwich
Or Mini Wheats, Froot Loops,
Lucky Charms & String Cheese or
Crackers
Side Items
Orange, Fruit Mix, 100% Fruit Juice

22
**Happy
Thanksgiving!**



24
**Enjoy the
long
weekend!**

27
Pancakes
Or Egg, Bacon & Cheddar Flatbread
Or Egg, Cheese & Sausage Bagel
Sandwich Or Cheerios, Trix, Lucky
Charms & String Cheese or Crackers
Side Items
Apple, Blueberries, 100% Grape
Juice

28
Banana Muffin & Yogurt
Or Three Cheese Mexi Breakfast
Donut Melt Or Egg, Cheese &
Sausage Bagel Sandwich
Or Mini Wheats, Froot Loops, Lucky
Charms & String Cheese or Crackers
Side Items
Orange, Fruit Mix, 100% Fruit Juice

29
Cinnamon Raisin Bagel
Or Cheesy Egg Biscuit Or Egg,
Cheese & Sausage Bagel
Sandwich Or Cheerios, Cinnamon
Toast Crunch, Froot Loops, &
String Cheese, or Crackers
Side Items
Pears, Applesauce, 100% Orange
Juice

30
Glazed Donut
Or Cheesy Ham & Egg Pancake
Panini Or Mini Wheats, Cinnamon
Toast Crunch, Cocoa Puffs & String
Cheese, or Crackers
Side Items
Banana, Raisins, 100% Dragon
Fruit Juice



Reminder: If your family qualifies for free or reduced lunch, you also qualify for free or reduced breakfast. Come by participating schools in the morning and check it out!

Breakfast Prices

Paid: \$1.85
Reduced: \$0.30
Adult: \$1.70
Free meals available to those that qualify

Milk

Skim, 1%, & Skim Chocolate Milk are offered daily

Whole Grains

All bread served is whole grain rich!