

Reminder

If your family qualifies for free or reduced lunch, you also qualify for free or reduced breakfast. Come by the cafeteria in the morning and check it out!

1

Meatball Pizza Sub
Ham & Cheese Melt
Ham Turkey Chef Salad w/ Roll
Three Cheese Calzone
Side Items
Sweet Potato Fries, Fresh Cauliflower, Apple, Pears, Romaine

2

Grilled Cheese & Tomato Soup
Pizza Burger
Egg Chef Salad w/ Roll
Ham Hawaiian Pizza
Side Items
Baked Beans, Fresh Celery Sticks, Orange, Applesauce, 100% Fruit Juice

3

Fish Melt
Cuban Flatbread
Beef Taco Salad
Meat Lovers Pizza
Side Items
Brussel Sprouts, Fresh Cucumber, Apple, Strawberries, Romaine

6

Chicken Drumstick w/ Breadstick
Chicken Salad BLT
Chicken Caesar Salad w/ Breadstick
Cheeseburger Pizza
Side Items
Mashed Potatoes, Fresh Broccoli, Blueberries, Fruit Mix, Romaine

7

Rotini with Italian Meat Sauce & Breadstick
Chicken Salad BLT
Veg Baja Salad w/ Breadstick
Chicken Parmesan Pizza
Side Items
Green Beans, Red Pepper Strips, Banana, Peaches, 100% Apple Juice

8

Country Popcorn Chicken Bowl w/ Breadstick
Chicken Salad BLT
Ham Turkey Chef Salad w/ Breadstick
Meat Lovers Calzone
Side Items
Orange Glaze Carrots, Fresh Cauliflower, Apple, Pears, Romaine

9

Chicken Tenders w/ Breadstick
Chicken Salad BLT
Egg Chef Salad w/ Breadstick
Taco Pizza
Side Items
Baked Beans, Celery Sticks, Orange, Applesauce, 100% Fruit Juice

10

Orange Chicken w/ Rice
Chicken Salad BLT
Beef Taco Salad w/ Chips
Vegetable Pizza
Side Items
Brussel Sprouts, Fresh Baby Carrots, Apple, Strawberries, 100% Orange Juice

13

Corn Dog
Southwest Chicken Pinwheel Sandwich
Popcorn Chicken Salad w/ Breadstick
Sausage Pizza
Side Items
French Fries, Fresh Tomato Wedges, Blueberries, Fruit Mix, Romaine

14

Tater Tot Beef Nachos
Southwest Chicken Pinwheel Sandwich
Ham Pizza Salad w/ Breadstick
Ham Hawaiian Pizza
Side Items
Cauliflower, Fresh Cucumber, Banana, Peaches, 100% Apple Juice

15

Spicy Popcorn Chicken w/ Roll
Southwest Chicken Pinwheel Sandwich
Turkey Chef Salad w/ Breadstick
Pepperoni Calzone
Side Items
Sweet Potato Fries, Fresh Celery Sticks, Apple, Pears, Romaine

16

Cheese & Broccoli Baked Potato & Breadstick
Southwest Chicken Pinwheel Sandwich
Ranch Chicken Salad w/ Breadstick
Pizza Loca
Side Items
Campfire Beans, Fresh Baby Carrots, Orange, Applesauce, 100% Fruit Juice

17

Ranch Chicken Flatbread
Southwest Chicken Pinwheel Sandwich
Chicken Taco Salad w/ Chips
Bruschetta Pizza
Side Items
Broccoli, Red Pepper Strips, Apple, Strawberries, Romaine

20

Pizza Dippers w/ Marinara Sauce
BBQ Chicken Melt
Chicken Caesar Salad w/ Breadstick
Sausage Pizza
Side Items
Corn, Fresh Broccoli, Blueberries, Fruit Mix, Romaine

21

Chicken Drumstick w/ Breadstick
BBQ Pork Riblet Sandwich
Veg Baja Salad w/ Breadstick
BBQ Chicken Pizza
Side Items
Mashed Potatoes, Red Pepper Strips, Banana, Peaches, 100% Apple Juice

22

Happy Thanksgiving

23



24

Enjoy the long weekend!

27

Chicken Tenders w/ Breadstick
Chicken Bruschetta Melt
Popcorn Chicken Salad w/ Breadstick
Jalapeno & Sausage Pizza
Side Items
French Fries, Fresh Tomato Wedges, Blueberries, Fruit Mix, Romaine

28

Country Popcorn Chicken Bowl w/ Breadstick
Chicken Cheesesteak Sub
Ham Pizza Salad w/ Breadstick
Meat Lover's Pizza
Side Items
Peas, Fresh Baby Carrots, Banana, Peaches, 100% Apple

29

BBQ Pork Sandwich
Bacon Grilled Cheese
Turkey Chef Salad w/ Roll
Chicken & Spinach Calzone
Side Items
Steamed Zucchini, Fresh Celery Sticks, Apple, Pears, Romaine

30

Salisbury Steak w/ Gravy & Pasta
BBQ Cheeseburger
Ranch Chicken Salad w/ Roll
Vegetable Pizza
Side Items
Campfire Beans, Fresh Baby Carrots, Orange, Applesauce, 100% Fruit Juice

Don't Let Your Taste Buds Miss Out! November FUEL Specials – Cold Sandwiches:

Chicken Salad BLT: Diced Chicken mixed with bacon, tomato and mayonnaise topped with a lettuce leaf, on a sub roll. **Featured November 6th-10th**

Southwest Chicken Pinwheel Sandwich: Diced chicken, black beans, cheddar cheese, salsa and southwest spices wrapped in a tortilla with lettuce **Featured November 13th-17th**

Lunch Prices

Paid: \$2.35
Reduced: \$0.40
Adult: \$3.25
Free meals available to those that qualify

Milk

Skim, 1%, & Skim Chocolate Milk are offered daily

Whole Grains

All bread served is whole grain rich!

Available Every Day

Hamburger
Cheeseburger
Chicken Patty
Bosco Sticks
Cheese & Pepperoni Pizza
Mexican MTO Bar*
Deli MTO Bar
French Fries