



High School Breakfast Menu

January 2019

31

**WINTER
BREAK**
No School ☺

01

**WINTER
BREAK**
No School
☺

02

**Apple Cinnamon Muffin
& String Cheese,
Breakfast Pizza**

Sides:
Raisins, Applesauce,
Orange Juice, Assorted
Milk

03

**Cheesy Ham & Egg
Pancake Panini,
Glazed Donut**

Sides:
Apple, Raisins, Juice,
Assorted Milk

04

**Bacon, Egg & Cheese
Donut Melt,
French Toast Sticks w/
Syrup**

Sides:
Orange, Diced Peaches,
Apple Juice, Assorted Milk

07

**Egg Muffin Melt
Breakfast Pizza
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

08

**Egg Muffin Melt
Chicken Melt
Hot Oatmeal**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

09

**Egg Muffin Melt
Ham & Egg Flatbread
Yogurt Parfait**

Sides:
Assorted cereal, Juice,
fruit, milk
Ala carte items available

10

**Egg Muffin Melt
Chicken Sausage Bagel
Hot Oatmeal**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

11

**Cheese Bosco Sticks
Chicken Sausage Melt
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

14

**Egg Muffin Melt
Chicken Sausage Bagel
Melt
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

15

**Egg Muffin Melt
Chicken Wrap
Hot Oatmeal**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

16

**Egg Muffin Melt
Breakfast Pizza
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

17

**Egg Muffin Melt
Chicken Sausage
Breakfast Burger
Hot Oatmeal**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

18

**Egg Muffin Melt
Pancake Wrap
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

21

**Egg & Cheese Biscuit
Chicken Sausage Melt
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

22

**Egg Muffin Melt
Egg Bagel
Hot Oatmeal**

Sides:
Assorted cereal, juice, fruit,
milk
Ala carte items available

23

**Egg Muffin Melt
Chicken Sausage
Biscuit
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

24

**Egg Muffin Melt
Sausage Roll
Hot Oatmeal**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

25

**Egg Muffin Melt
Breakfast Pizza
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

28

**Egg, Chicken Sausage
Sandwich
Egg Muffin Melt
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

29

**Egg Muffin Melt
Chicken Sausage
Muffin Melt
Hot Oatmeal**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

30

**Pancake Wrap
Egg Muffin Melt
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

31

**Egg, Bacon, Cheese
Sandwich
Egg Muffin Melt
Hot Oatmeal**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

01

**Chicken & Cheese
Wrap
Egg Muffin Melt
Yogurt Parfait**

Sides:
Assorted cereal, juice,
fruit, milk
Ala carte items available

Make it a MEAL!!!!!!

Sandwich, fruit, juice, milk will get you on track for a fun filled day!!!!

Now Offering.....

Hot Oatmeal with toppings every TUESDAY AND THURSDAY. Yogurt Parfaits every Monday, Wednesday, Friday!!