



December

2018

Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Oven Roasted Chicken Drumstick, Philly Cheese Steak Turkey & Cheese Sandwich Caesar Salad Greek Pizza Side Items: Peas, Tomato Wedges, Applesauce, Orange, Grape Juice	4 Mac & Cheese New Wing Bar with your choice of sauce Ham & Cheese Sub Egg Salad Platter Cheeseburger Pizza Side Items: Roasted Carrots, Jicama Sticks, Mixed Fruit, Apple	5 Chicken Parmesan w/ Breadstick French Toast Sticks w/ Sausage Bologna & Cheese Sandwich Ham and Pepper Pizza Salad, Mac and Cheese Pizza Side Items: Corn, Celery Sticks, Diced Peaches, Banana, Apple Juice	6 Sweet & Sour Popcorn Chicken w/ Rice Pizza Burger Chicken Buffalo Wrap Fruit & Cheese Plate Broccoli and Pepporoni Pizza Side Items: Steamed Green Beans, Fresh Baby, Carrots, Diced Pears, Orange	7 Fish Sticks w/ Breadstick Hot Dog Turkey & Cheese Wrap Chef Salad, White Pizza w/ Chicken Sausage Side Items: Steamed Broccoli, Cucumber Slices, Strawberries, Apple, Grape Juice
10 Country Chicken Bowl Southwest Baked Potato Turkey & Cheese Sandwich, Caesar Salad Meat Lovers Pizza Side Items: Corn, Baby Carrots, Applesauce, Orange, Grape Juice	11 Fuel: Disco Fries w/ Cheddar Cheese, Beef and Gravy BBQ Pulled Pork Sandwich Ham & Cheese Sub, Tossed Salad w/ Cheese, Mexican Pizza Side Items: Tater Bites, Fresh Broccoli, Mixed Fruit, Apple	12 Pizza Dippers w/ Pizza Dipping Sauce Chicken Fajita Bologna & Cheese Sandwich Ranch Chicken Salad BBQ Chicken Pizza Side Items: Steamed Green Beans, Fresh Zucchini, Diced Peaches, Banana, Apple Juice	13 Fuel: Disco Fries w/ Cheddar Cheese Beef and Gravy Chicken & Noodles Chicken Salad Sandwich, Fruit & Cheese Plate, Meatball Pizza Side Items: Sweet Potato French Fries, Celery Sticks, Diced Pears, Orange	14 Jumbo Pasta Ravioli Spicy Popcorn Chicken w/ Breadstick Turkey & Cheese Wrap Chef Salad Chicken Parmesan Pizza Side Items: Peas, Tomato Slices, Strawberries, Apple, Grape Juice
17 Chicken Tenders w/ Breadstick Mini Corn Dogs Turkey & Cheese Sandwich Caesar Salad Sausage Pizza w/ White Sauce Side Items: Mashed Potatoes, Baby Carrots, Orange, Grape Juice	18 Fuel: Kickn' Chicken Fries w/ Buffalo Cauliflower Chicken and Cheese Sauce Pasta & Meatballs with Marinara Sauce Ham & Cheese Sub Chicken Buffalo Salad BBQ Chicken Pizza Side Items: Steamed Green beans, Red pepper Sticks, Mixed Fruit, Apple	19 Salisbury Steak w/ Mashed Potatoes & Gravy, Chicken Patty Bacon & Cheddar Cheese Melt Bologna & Cheese Sandwich Popcorn Chicken Salad Cheeseburger Pizza. Side Items: Corn, Zucchini Slices, Diced Peaches, Banana, Apple Juice	20 Fuel: Kickn' Chicken Fries w/ Buffalo Cauliflower Chicken and Cheese Sauce Sriracha Crunch Cheese Burger Chicken Salad Sandwich Fruit and Cheese Plate Peperoni Jalapeno Pizza Side Items: Baked Beans, Celery Sticks, Diced Pear, Orange	21 Loaded Potato Wedges Breaded Honey Mustard Chicken Melt Turkey & Cheese Wrap Chef Salad Vegetable Pizza Side Items: Steamed Broccoli, Baby Carrots, Strawberries, Apple, Grape Juice
24 Winter Break No School ☺	25 Winter Break No School ☺	26 Winter Break No School ☺	27 Winter Break No School ☺	28 Winter Break No School ☺
1 Winter Break No School ☺	2 Winter Break No School ☺	3 Tomato Soup and Grilled Cheese Bacon Cheese Burger Bologna & Cheese Sandwich Chicken Nacho Salad Vegetable Pizza Side Items: Sweet Potato Bites, Fresh Zucchini Slices, Diced Peaches, Banana, Apple Juice	4 Egg Roll w/ Fried Rice Pizza Meatball Sub Chicken Ranch Wrap Fruit & Cheese Plate Sweet and Spicy Pizza Side Items: Baked Beans, Celery Sticks, Diced Pear, Orange	5 Soft Pretzel with Cheese Mini Corn Dogs Turkey & Cheese Wrap Chef Salad Meatball Pizza Side Items: Steamed Broccoli, Red Pepper Strips, Strawberries, Apple, Grape Juice

Special News...
Pump up the Nutrition!

Don't forget the MILK. . . .
 Every lunch includes your choice of skim, 1% or fat free chocolate milk. All choices provide phosphorus and calcium to help strengthen bones, vitamin B12 to maintain healthy red blood cells and potassium to help maintain healthy blood pressure. Drink your milk your body with thank you. See you in the cafe!!!

Menus are subject to change without notice.

Come Join our TEAM
 We are hiring join the ARAMARK team. NO WEEKENDS, NIGHTS or EVENINGS. Be part of the fun!
 Contact us at 262-970-4330.

