

Reminder

If your family qualifies for free or reduced lunch, you also qualify for free or reduced breakfast. Come by the cafeteria in the morning and check it out!

National Biscuits and Gravy Day is December 14th!

Did you know?

Biscuits and gravy consists of soft dough biscuits covered in sausage gravy.

This meal emerged as a regional dish in the south after the American Revolutionary War, when food stock was in short supply.

Join us on December 14th to celebrate National Biscuit and Gravy Day!

1

Chili-Garlic Popcorn Chicken Bowl w/ Rice
Roasted Tomato Meatball Flatbread
Chicken Taco Salad w/ Chips
Mexican Pizza
Side Items
Broccoli, Fresh Cucumber, Apple, Strawberries, Romaine

4

Spaghetti & Meatballs w/ Breadstick
Chipotle Ranch Burger
Chicken Caesar Salad w/ Breadstick
Chicken Parmesan Pizza
Side Items
Tater Tots, Fresh Broccoli, Blueberries, Fruit Mix, Romaine

5

Chicken Parmesan Sandwich
Chipotle Ranch Burger
Veg Baja Salad w/ Breadstick
Meatball Pizza
Side Items
Green Beans, Red Pepper Strips, Banana, Peaches, 100% Apple Juice

6

Meatball Pizza Sub
Chipotle Ranch Burger
Ham Turkey Chef Salad w/ Breadstick
Three Cheese Calzone
Side Items
Sweet Potato Fries, Fresh Cauliflower, Apple, Pears, Romaine

7

Grilled Cheese & Tomato Soup
Chipotle Ranch Burger
Egg Chef Salad w/ Breadstick
Ham Hawaiian Pizza
Side Items
Baked Beans, Fresh Celery Sticks, Orange, Applesauce, 100% Fruit Juice

8

Fish Melt
Chipotle Ranch Burger
Beef Taco Salad w/ Chips
Meat Lovers Pizza
Side Items
Brussel Sprouts, Fresh Cucumber, Apple, Strawberries, Romaine

11

Chicken Drumstick w/ Breadstick
Pepper Parm Burger
Chicken Caesar Salad w/ Breadstick
Cheeseburger Pizza
Side Items
Mashed Potatoes, Fresh Broccoli, Blueberries, Fruit Mix, Romaine

12

Rotini with Italian Meat Sauce & Breadstick
Pepper Parm Burger
Veg Baja Salad w/ Breadstick
Chicken Parmesan Pizza
Side Items
Green Beans, Red Pepper Strips, Banana, Peaches, 100% Apple Juice

13

Country Popcorn Chicken Bowl w/ Breadstick
Pepper Parm Burger
Ham Turkey Chef Salad w/ Breadstick
Meat Lovers Calzone
Side Items
Orange Glaze Carrots, Fresh Cauliflower, Apple, Pears, Romaine

14

Biscuits & Gravy
Pepper Parm Burger
Egg Chef Salad w/ Breadstick
Taco Pizza
Side Items
Baked Beans, Celery Sticks, Orange, Applesauce, 100% Fruit Juice

15

Orange Chicken w/ Rice
Pepper Parm Burger
Beef Taco Salad w/ Chips
Vegetable Pizza
Side Items
Brussel Sprouts, Fresh Baby Carrots, Apple, Strawberries, 100% Orange Juice

18

Corn Dog
Ham & Cheese Melt
Popcorn Chicken Salad w/ Breadstick
Sausage Pizza
Side Items
French Fries, Fresh Tomato Wedges, Blueberries, Fruit Mix, Romaine

19

Tater Tot Beef Nachos
BBQ Cheeseburger
Ham Pizza Salad w/ Breadstick
Ham Hawaiian Pizza
Side Items
Cauliflower, Fresh Cucumber, Banana, Peaches, 100% Apple Juice

20

Spicy Popcorn Chicken w/ Roll
Sloppy Joe Sandwich
Turkey Chef Salad w/ Breadstick
Pepperoni Calzone
Side Items
Sweet Potato Fries, Fresh Celery Sticks, Apple, Pears, Romaine

21

Cheese & Broccoli Baked Potato & Breadstick
Pizza Burger
Ranch Chicken Salad w/ Breadstick
Pizza Loca
Side Items
Campfire Beans, Fresh Baby Carrots, Orange, Applesauce, 100% Fruit Juice

22

Ranch Chicken Flatbread
Walking Taco
Chicken Taco Salad w/ Chips
Bruschetta Pizza
Side Items
Broccoli, Red Pepper Strips, Apple, Strawberries, Romaine

25

Winter Break



26

Enjoy

27

Your

28

Time

29

Off!

Don't Let Your Taste Buds Miss Out! December FUEL Specials – Burgers:

Chipotle Ranch Burger: Beef Patty topped with chipotle ranch dressing, lettuce and tomato on a bun.
Featured December 4th-8th

Pepper Parm Burger: Beef Patty topped with parmesan black pepper ranch dressing, lettuce and tomato on a bun.
Featured December 11th-15th

Lunch Prices

Paid: \$2.35
Reduced: \$0.40
Adult: \$3.25
Free meals available to those that qualify

Milk

Skim, 1%, & Skim
Chocolate Milk are offered daily

Whole Grains

All bread served is whole grain rich!

Available Every Day

Hamburger
Cheeseburger
Chicken Patty
Bosco Sticks
Cheese & Pepperoni Pizza
Mexican MTO Bar*
Deli MTO Bar
French Fries