



High School Breakfast

December 2018

- 3** **Egg, Bacon & Cheese Flatbread,**
Bagel and Cream Cheese

Side Items: Apple, Craisins, Grape Juice, Assorted Milk
- 4** **Cheesy Egg Breakfast Bagel,**
French Toast Sticks w/ Syrup

Side Items: Orange, Mixed Fruit, Assorted Milk
- 5** **Cheesy Egg Biscuit,**
Warm Apple Bosco Stick

Side Items: Banana, Applesauce, Orange Juice, Assorted Milk
- 6** **Chicken & Waffle Sandwich,**
Glazed Donuts

Side Items: Apple, Diced Pears, Assorted Milk
- 7** **Ham, Egg & Cheese Salsa Roll,**
Mini Maple Waffles

Side Items: Diced Peaches, Orange, Apple Juice, Assorted Milk
- 10** **Country Chicken Biscuit,**
Choc Chip Breakfast Round

Side Items: Apple, Strawberries, Grape Juice, Assorted Milk
- 11** **Cheesy Ham & Egg Pancake Panini,**
Cinnamon Roll

Side Items: Mixed Fruit, Orange, Assorted Milk
- 12** **Cheesy Egg & Sausage Breakfast Burrito,**
French Toast Sticks w/ Syrup

Side Items: Banana, Applesauce, Orange Juice, Assorted Milk
- 13** **Cheesy Egg Breakfast Burger,**
Donut Holes

Side Items: Apple, Raisins, Juice, Assorted Milk
- 14** **Ham, Egg & Cheese Biscuit, Choc Muffin & Yogurt**

Side Items: Orange, Diced Peaches, Apple Juice, Assorted Milk
- 17** **Egg Cheese and Sausage Melt**
French Toast Sticks w/ Syrup

Side Items: Apple, Strawberries, Grape Juice Assorted Milk,
- 18** **Turkey Pancake Wrap w/ Syrup**
Choc Muffin & Yogurt,

Side Items: Mixed Fruit, Orange, Assorted Milk, Juice
- 19** **Egg Ham Cheese Flatbread,**
Oatmeal Choc Chip Benefit Bar,

Side Items: Banana, Applesauce, Orange Juice, Assorted Milk
- 20** **Cheesy Egg Biscuit,**
Glazed Donut Holes

Side Items: Apple, Raisins, Assorted Milk, Juice
- 21** **Ham Egg Cheese Biscuit,**
Cherry Frudel

Side Items: Orange, Diced Peaches, Apple Juice, Assorted Milk
- 24** **WINTER BREAK No School**
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- 25** **WINTER BREAK No School**
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- 26** **WINTER BREAK No School**
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- 27** **WINTER BREAK No School**
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- 28** **WINTER BREAK No School**
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- 1** **WINTER BREAK No School**
😊
- 2** **WINTER BREAK No School**
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- 3** **Apple Cinnamon Muffin & String Cheese,** Breakfast Pizza,

Side Items: Raisins, Applesauce, Orange Juice, Assorted Milk
- 4** **Cheesy Ham & Egg Pancake Panini,**
Glazed Donut,

Side Items: Apple, Raisins, Juice, Assorted Milk
- 5** **Bacon, Egg & Cheese Donut Melt,**
French Toast Sticks w/ Syrup

Side Items: Orange, Diced Peaches, Apple Juice, Assorted Milk

Grab N' Go
Looking for a quick bite before school? Come check out our grab and go breakfast items. Every day we provide a variety of your favorite cereals and quick breakfast bags to fit your busy schedule!

BREAKFAST PROVIDES:
- Energy that will carry you throughout the day
- Students increase concentration and retain and recall information
- Students with essential nutrients during the day, which can often not be accomplished in those who skip breakfast

