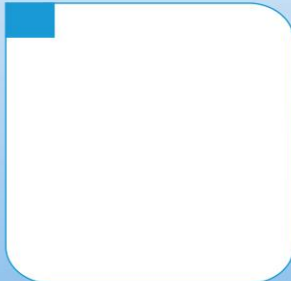
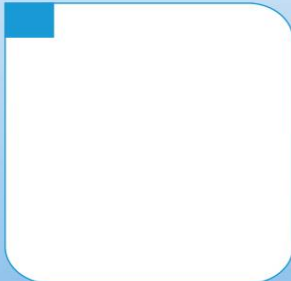




# High School Lunch

## September 2017



**1**  
 Pizza Dippers w/ Marinara Sauce  
 Bacon Cheeseburger  
 Beef Taco Salad\*  
 Vegetable Pizza  
**Side Items**  
 Brussel Sprouts, Fresh Baby Carrots, Apple, Strawberries, 100% Orange Juice

**4**  
**Labor Day!**

**5**  
 Corn Dog  
 Ham and Cheese Melt  
 Ham Pizza Salad w/ Roll  
 Ham Hawaiian Pizza  
**Side Items**  
 Cauliflower, Fresh Cucumber, Banana, Peaches, 100% Apple Juice

**6**  
 Cheese & Broccoli Baked Potato & Roll  
 BBQ Cheeseburger  
 Turkey Chef Salad w/ Roll  
 Meat Lover's Pizza\*  
**Side Items**  
 Sweet Potato Fries, Fresh Celery Sticks, Apple, Pears, Romaine

**7**  
 Chicken Tenders w/ Roll  
 Hot Dog  
 Ranch Chicken Salad w/ Roll  
 Pizza Loca  
**Side Items**  
 Campfire Beans, Fresh Baby Carrots, Orange, Applesauce, 100% Fruit Juice

**8**  
 Walking Taco\*  
 BBQ Chicken Flatbread  
 Chicken Taco Salad  
 Taco Pizza  
**Side Items**  
 Broccoli, Red Pepper Strips, Apple, Strawberries, Romaine

**11**  
 Pizza Dippers w/ Marinara Sauce  
 BBQ Chicken Melt  
 Chicken Caesar Salad w/ Roll  
 Sausage Pizza  
**Side Items**  
 Corn, Fresh Broccoli, Blueberries, Fruit Mix, Romaine

**12**  
 Cajun Meatball Stew w/ Roll  
 Pork Riblet Sandwich\*  
 Veg Baja Salad w/ Roll  
 Pico de Gallo Pizza  
**Side Items**  
 Green Beans, Red Pepper Strips, Banana, Peaches, 100% Apple Juice

**13**  
 Salisbury Steak w/ Gravy & Pasta  
 Sriracha Crunch Cheese Burger  
 Ham Turkey Chef Salad w/ Roll  
 Mexican Pizza\*  
**Side Items**  
 Sweet Potato Tater Tots, Fresh Zucchini, Apple, Pears, Romaine

**14**  
 Penne with Tomato Alfredo & Chicken w/ Breadstick  
 Sloppy Joe Melt  
 Egg Chef Salad w/ Roll  
 Cheeseburger Pizza  
**Side Items**  
 Baked Beans, Fresh Celery Sticks, Orange, Applesauce, Romaine

**15**  
 Sweet & Sour Chicken w/ Rice  
 Jerk Chicken & Cheddar Flatbread  
 Beef Taco Salad\*  
 BBQ Chicken Pizza  
**Side Items**  
 Brussel Sprouts, Fresh Baby Carrots, Apple, Strawberries, 100% Orange Juice

**18**  
 Chicken Tenders w/ Breadstick  
 Chicken Bruschetta Melt  
 Popcorn Chicken Salad w/ Roll  
 Jalapeno & Sausage Pizza  
**Side Items**  
 French Fries, Fresh Tomato Wedges, Blueberries, Fruit Mix, Romaine

**19**  
 Popcorn Chicken Bowl w/ Roll  
 Chicken Cheesesteak Sub  
 Ham Pizza Salad w/ Roll  
 BBQ Chicken Pizza  
**Side Items**  
 Peas, Fresh Baby Carrots, Banana, Peaches, 100% Apple Juice

**20**  
 Meatball Pizza Sub  
 Bacon Grilled Cheese  
 Turkey Chef Salad w/ Roll  
 Chicken & Spinach Calzone  
**Side Items**  
 Steamed Zucchini, Fresh Celery Sticks, Apple, Pears, Romaine

**21**  
 Turkey Roast w/ Gravy & Roll  
 BBQ Cheeseburger  
 Ranch Chicken Salad w/ Roll  
 Vegetable Pizza  
**Side Items**  
 Campfire Beans, Fresh Baby Carrots, Orange, Applesauce, 100% Fruit Juice

**22**  
 Chili-Garlic Popcorn Chicken Bowl w/ Rice  
 Roasted Tomato Meatball Flatbread\*  
 Chicken Taco Salad  
 Mexican Pizza  
**Side Items**  
 Broccoli, Fresh Cucumber, Apple, Strawberries, Romaine

**25**  
 Spaghetti & Meatballs w/ Breadstick  
 Chicken Tenders w/ Roll  
 Chicken Caesar Salad w/ Roll  
 Chicken Parmesan Pizza  
**Side Items**  
 Tater Tots, Fresh Broccoli, Blueberries, Fruit Mix, Romaine

**26**  
 Macaroni & Cheese w/ Fish Sticks  
 Chicken Parmesan Sandwich  
 Veg Baja Salad w/ Roll  
 Meatball Pizza  
**Side Items**  
 Green Beans, Red Pepper Strips, Banana, Peaches, 100% Apple Juice

**27**  
 Spicy Popcorn Chicken w/ Roll  
 Ham & Cheese Melt  
 Ham Turkey Chef Salad w/ Roll  
 Meat Lovers Calzone\*  
**Side Items**  
 Sweet Potato Fries, Fresh Cauliflower, Apple, Pears, Romaine

**28**  
 Grilled Cheese & Tomato Soup  
 Pizza Burger  
 Egg Chef Salad w/ Roll  
 Ham Hawaiian Pizza  
**Side Items**  
 Baked Beans, Fresh Celery Sticks, Orange, Applesauce, 100% Fruit Juice

**29**  
 Fish Melt  
 Cuban Flatbread  
 Beef Taco Salad\*  
 Meat Lovers Pizza  
**Side Items**  
 Brussel Sprouts, Fresh Cucumber, Apple, Strawberries, Romaine

### Reminder

If your family qualifies for free or reduced lunch, you also qualify for free or reduced breakfast. Come by the cafeteria in the morning and check it out!

### Lunch Prices

Paid: \$2.35  
 Reduced: \$0.40  
 Adult: \$3.25  
 Free meals available to those that qualify

\*May contain pork

### Milk

Skim, 1%, & Skim Chocolate Milk are offered daily

### Whole Grains

All bread served is whole grain rich!

### Available Every Day

Hamburger  
 Cheeseburger  
 Chicken Patty  
 Bosco Sticks  
 Cheese & Pepperoni Pizza  
 Mexican MTO Bar\*  
 Deli MTO Bar  
 French Fries