

Cedarburg School District

Jan 2, 2017 thru Jan 2, 2017

Base Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 01/02/2017								
Elementary Lunch	Total							
SALAD, Ham Pizza AP W 2.0	1 Each	189	924	3	17.61	4.58	11.0	5.13
BRD: ROLL DG, WG 2.5oz	1 Each	170	135	3	7.0	28.0	3.0	0.50
SALAD, Ham Chef AP W 2.0	1 Each	154	754	3	15.86	4.33	8.0	3.75
YOGURT, Parfait Blueberry 1.0	Serving	145	67	21	3.99	28.58	1.75	0.61
CHEESE, MZ String 1ea 1.0	Stick	80	150	0	7.0	1.0	6.0	3.50
BRD: CRACK SS, ScoobyDoo CinWG	Package	120	115	8	2.0	21.0	3.5	1.00
SALAD, ChixPop CH AP W 2.0	1 Each	261	397	3	16.09	14.81	15.39	5.09
SDW BD, Ham AM WG 2.0	Sandwich	320	1350	6	21.0	32.0	12.0	5.50
WRAP 9", Tky WG 2.0	1 Each	300	654	3	24.6	33.04	8.14	2.52
SDW BD, HamTky AM WG 2.0	Sandwich	333	1303	6	23.0	32.75	12.25	5.50
SDW BD, Tky AM WG 2.0	Sandwich	325	995	5	22.25	33.5	11.5	5.13
WRAP 9", Ham AM WG 2.0	1 Each	340	1244	5	21.6	31.04	14.14	7.02
Weighted Daily Average		2736	8086	65	182.00	264.63	106.67	45.23
% of Calories				9.5%	26.6%	38.7%	35.1%	14.9%
Nutrient Guideline		550-650	1230					<10.00

Weighted Average		2736	8086	65	182.00	264.63	106.67	45.23
				21.4%	26.6%	38.7%	35.1%	14.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	2736		550 - 650					
Sodium (mg)	8086		1230					
Sugars (g)	65	9.50%						
Protein (g)	182.00	26.61%						
Carbohydrate (g)	264.63	38.69%						
Total Fat (g)	106.67	35.09%						
Saturated Fat (g)	45.23	14.88%	<10.00%					

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
1- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.