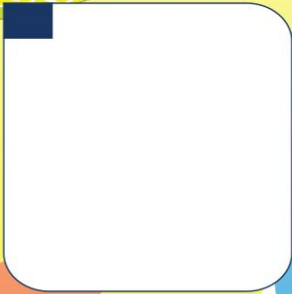




# Elementary Breakfast Menu

November 2017



**1**  
Egg & Cheese English Muffin  
Breakfast Sandwich  
Or Cheerios, Cinnamon  
Toast Crunch, or Froot Loops  
& String Cheese  
**Side Items**  
Pears, Applesauce, 100%  
Orange Juice  
Milk

**2**  
Mini Strawberry Creamy  
Cheese Bagel  
Or Mini Wheats, Cinnamon  
Toast Crunch, or Cocoa Puffs  
& Animal Crackers  
**Side Items**  
Banana, Raisins, 100%  
Dragon Fruit Juice  
Milk

**3**  
Biscuits & Gravy  
Or Cheerios, Trix, or  
Cocoa Puffs &  
String Cheese  
**Side Items**  
Strawberries, Peaches,  
100% Apple Juice  
Milk

**6**  
French Toast Sticks w/  
Syrup  
Or Cheerios, Trix or  
Lucky Charms &  
String Cheese  
**Side Items**  
Apple, Blueberries,  
100% Grape Juice  
Milk

**7**  
Turkey Pancake Wrap  
Or Mini Wheats, Froot  
Loops or Lucky Charms  
& Animal Crackers  
**Side Items**  
Orange, Fruit Mix, 100%  
Fruit Juice  
Milk

**8**  
Cinnamon Breakfast  
Round  
Or Cheerios, Cinnamon  
Toast Crunch, or Froot  
Loops & String Cheese  
**Side Items**  
Pears, Applesauce,  
100% Orange Juice  
Milk

**9**  
Pancakes  
Or Mini Wheats,  
Cinnamon Toast Crunch,  
or Cocoa Puffs &  
Animal Crackers  
**Side Items**  
Banana, Raisins, 100%  
Dragon Fruit Juice  
Milk

**10**  
Sausage Breakfast  
Pizza  
Or Cheerios, Trix, or  
Cocoa Puffs &  
String Cheese  
**Side Items**  
Strawberries, Peaches,  
100% Apple Juice  
Milk

**13**  
Waffle w/ Syrup  
Or Cheerios, Trix or  
Lucky Charms &  
Animal Crackers  
**Side Items**  
Apple, Blueberries,  
100% Grape Juice  
Milk

**14**  
Egg, Bacon and Cheese  
Flatbread Sandwich  
Or Mini Wheats, Froot  
Loops or Lucky Charms  
& String Cheese  
**Side Items**  
Orange, Fruit Mix, 100%  
Fruit Juice

**15**  
Apple Bosco Stick  
Or Cheerios, Cinnamon  
Toast Crunch, or Froot  
Loops & Animal  
Crackers  
**Side Items**  
Pears, Applesauce,  
100% Orange Juice  
Milk

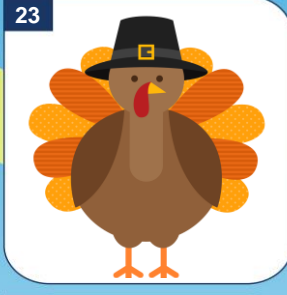
**16**  
Glazed Donut  
Or Mini Wheats,  
Cinnamon Toast Crunch,  
or Cocoa Puffs & String  
Cheese  
**Side Items**  
Banana, Raisins, 100%  
Dragon Fruit Juice  
Milk

**17**  
Chocolate Muffin w/  
String Cheese  
Or Cheerios, Trix, or  
Cocoa Puffs &  
Animal Crackers  
**Side Items**  
Strawberries, Peaches,  
100% Apple Juice  
Milk

**20**  
Apple Frudel  
Or Cheerios, Trix or  
Lucky Charms &  
String Cheese  
**Side Items**  
Apple, Blueberries,  
100% Grape Juice  
Milk

**21**  
Blueberry Bagel &  
Cream Cheese  
Or Mini Wheats, Froot  
Loops or Lucky Charms  
& Animal Crackers  
**Side Items**  
Orange, Fruit Mix, 100%  
Fruit Juice  
Milk

**22**  
**Happy  
Thanksgiving!**



**24**  
**Enjoy the  
long  
weekend!**

**27**  
Pancakes  
Or Cheerios, Trix or  
Lucy Charms &  
Animal Crackers  
**Side Items**  
Apple, Blueberries,  
100% Grape Juice  
Milk

**28**  
Egg & Cheese on Bagel  
Or Mini Wheats, Froot  
Loops or Lucky Charms  
& String Cheese  
**Side Items**  
Orange, Fruit Mix, 100%  
Fruit Juice  
Milk

**29**  
Cinnamon Raisin Bagel w/  
Cream Cheese  
Or Cheerios, Cinnamon  
Toast Crunch, or Froot  
Loops & Animal Crackers  
**Side Items**  
Pears, Applesauce, 100%  
Orange Juice  
Milk

**30**  
Apple Bosco Stick  
Or Mini Wheats,  
Cinnamon Toast Crunch,  
or Cocoa Puffs & String  
Cheese  
**Side Items**  
Banana, Raisins, 100%  
Dragon Fruit Juice  
Milk



**Reminder:** If your family qualifies for free or reduced lunch, you also qualify for free or reduced breakfast. Come by participating schools in the morning and check it out!

### Breakfast Prices

Paid: \$1.15  
Reduced: \$0.30  
Adult: \$1.70  
Free meals available to those that qualify

### Milk

Skim, 1%, & Skim Chocolate Milk are offered daily

### Whole Grains

All bread served is whole grain rich!